

## ELECTION OF A NEW PRESIDENT FOR FEALIPS

After serving for more than 5 years as President Mr Xavier Tarneaud wished to hand over to a new governance after realizing the goals it had set end of 2010, including driving successfully the reorganization of former UNCRR "National Union of Centres REcherche et Rencontres" becoming FEALIPS "European Federation of Associations Fighting against isolation and for Suicide Prevention".

As Mr Tarneaud wrote in a letter to members of the Board in January 2016, this transition has, after a long process internally and with the administration, "to keep public utility status recognition [...] and to hand over to a new team and to a Board able to engage the new federation on paths favoring a real project for the future and credible partnerships. "

**Matthieu Lustman,  
Doctor of Medicine and  
Sociology, was elected  
president.**



He is supported by a new office whose treasurer is Irina Katz-Mazilu and secretary, Jean Yves Tromeur.

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By Matthieu Lustman  
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## EDITO

### To the future

Despite the evolution of knowledge, suicide remains an extremely complex problem. It is not sufficient to understand and prevent it to compile statistics, diagnosis psychiatric problem, identify a psychological process, identify the influence of social individuals "forces" or questioning the meaning of life.

One reason is that it remains a singularity, a deeply human problem, a single act that makes sense in a particular history and it reveals an often untold suffering. Another is that it is a multidimensional process that is reducible to any of its dimensions, so it escapes to any systematization and to any protocol it would simply apply and which would be a panacea.

While since Durkheim, statistics have shown their relevance to help us understand suicide phenomenon, the current risk is being limited primarily to epidemiology and economics to base our action. Similarly, if psychology is a valuable tool with the concept of suicidal crisis, the limitations of this model are never analyzed and there is a significant risk to reduce suicide as pain concept. The same reasoning can be applied to psychiatry which is also both an invaluable tool, but at the same time that risk to confine suicide in a segmented vision of psychopathology.

As for sociology or anthropology, they certainly provide insightful explanations, but they seem so theoretical, so few mobilized by local players that they tend to be limited to injunctions in terms of discourse on social link. At the disciplinary logic that remains dominant in practice, the complexity of suicide requires us transdisciplinary logic.

So if we wish to act, prevent, relieve suffering, we deeply need to understand all the questions posing by the person who wants to end his days without favoring one or other of these dimensions. We also need to understand and analyze preventive actions leading, grasp the impact and influence, not in a logic evaluation as an audit, but in a reflexive logic where we learn from our actions, and where we take time to listen to all stakeholders. So if we wish to act and prevent, we need to escape the instrumental logic, operator teeming indicators, numbers, and that only thinks in terms of efficiency, which covers only the operational things. Instead, we must put the question of meaning and understanding in the heart of our action.

We obviously cannot be content to ask a logical, describe a situation that would be ideal, but we must ask ourselves concretely on the conditions of its realization. FEALIPS could be one of those practical tools that actually help to put the question of meaning in the heart of the action.

Indeed the issue is, if not abolish frontiers, but at least decrease the distances between all actors involved in suicide prevention, building bridges, greatly opening doors:

- help stakeholders to better understand and work better together (suffering persons, family, volunteer associations, healthcare professional, social professional, scientists of all disciplines, political, institutional, media...),
- come out of national references and take the time to understand prevention practices of various countries,
- come out disciplinary and professional logic by fostering transdisciplinary and transprofessionnels dialogues,
- take the time to analyze the actions reflexively, to draw the balance sheets, to analyze and share it.

To do so, FEALIPS could offer:

- focus on seminar logic, that is to say the places to learn about experience feedback, thoughts sharing, forum for discussion and not just knowledge transfer,
- public projects built by actors from all backgrounds,
- build working groups on specific topics of interest to Europeans,

- understand the impact of Europe on national and local policies,

- being a relay between field workers and various European institutions.

In fine FEALIPS only take meaningful if it is built together by all the actors that make up and run by a collective and democratic dynamics.

Driven by an ideal, we must also keep our feet on the ground, and especially act together, united!

Matthieu Lustman,  
FEALIPS President

## CHANGES IN MEMBERSHIP

### - New Board:

FEALIPS

President: Dr Matthieu LUSTMAN, General Practitioner, Sociologist, Member of the Ethics and Scientific Committee of UNPS (Union Nationale pour la Prévention du Suicide, France)

Treasurer : Irina KATZ-MAZILU, Art Therapist, President of the FFAT (Fédération Française des Art-Thérapeutes), Educator

Secretary : Jean-Yves TROMEUR, Psychotherapist, Social psychologist

### - New Presidency :

Recherche & Rencontres Grenoble : Dr Francine SPITZ, Psychiatrist

### - New Direction :

Recherche & Rencontres Nantes : Guillaume BAUDOIN, Psychologist

### - New supporters :

University Hospital, Genève (Switzerland)

DSAS, Després del Suïcidi Associació de Supervivents (Barcelone, Spain)

CPBSSM, CPB Serveis Salut Mental (Barcelone, Spain)

IUC, International Union of Railways (France)

Psychologues du Monde (Paris, France)

Suicide Prevention Center, Sant'Andrea hospital, Sapienza University of Rome (Italy)

## WORKING AXES 2016 - 2017

### Organization of the next FEALIPS General Assembly

In December 2016, the General Assembly will take **place-face and video conference** in order to enable furthest members to participate.

This General Assembly will be an opportunity to work together on organizing the 3rd Conference, scheduled for September 2017 as part of the World Suicide Prevention Day.

To register for videoconferencing, send an email to: [federationfealips@gmail.com](mailto:federationfealips@gmail.com)

To join FEALIPS, download [Membership form](#)

### Organization of the FEALIPS 3rd European Conference

#### Arguments

Where are we in prevention practices of isolation and suicide at European level?

What questionings? What reflections? What experiences?

What success? What difficulties? What expectations?

What perspectives?

These are pragmatic questions which justify the existence of FEALIPS for three years and its will to federate all those who join a preventive and clinical approach of isolation and suicide. What are the sources in societal undocking which push an individual, confronted with his own story, with the orders to build his own identity and unable anymore to adapt himself to his environment and to the increasing complexity of social life, to cut itself of his peers and go until murder of oneself?

That is why FEALIPS is organizing its 3rd conferences on the theme: **Individual(s) in crisis – Society(ies) in crisis**

(Continuation of the Argument p.5)

Concerned about build this project together, you will find in Appendix of this report a survey to give us your views.

### OTHER INFORMATION

FEALIPS Website:

<https://sites.google.com/site/fealips/>



Infosuicide Blog:

<http://blogdinfosuicide.blogspot.fr/>



Resource Center on Suicidology

CRES Website:

<http://www.cresuicidologie.fr/>



## FEALIPS 3rd EUROPEAN CONFERENCE

FEALIPS 3rd European Conference be held in September 2017 on the theme  
**Individual(s) in crisis – Society(ies) in crisis**

### Argument

The aim will be to put in perspective – at first (in the morning) – the state of practices, singularities, questionings, works and expectations for all members in order to open secondly (afternoon) the interdisciplinary debate, in form of exchanges between us, on the theme proposed by these third conferences, Individual(s) in crisis – Society(ies) in crisis

Today, we don't have sufficiently reliable statistics on the scale of isolation and the number of deaths by suicide at European level. We also have to enhance our knowledge of this phenomenon in the whole of its components (psychological, sociological, economic, existential, political, etc.)

For all the 28 countries of European Union, the standardized rate of deaths by suicide rises to 11,7 for 100000 inhabitants in 2012<sup>1</sup>. This number comes: 11,1 in Switzerland, 9,7 in the Luxembourg, 18,76 in Belgium, 14,7 in France, etc<sup>2</sup>. In France, each year 10000 people take their own lives, and approximately 200000 people are hospitalized following a suicide attempt. These are broken lives, saddened families, and healthcare professional often helpless.

This is a society which wonders, also, about its share of responsibility<sup>3</sup>.

The associative network we represent has to put its weight on the societal debate within the civil society "to impact" on institutional choices, mutualize reflexive and operational dynamics and act concretely for a greater well-being of everyone.

These third conferences of FEALIPS have to be the opportunity to consolidate our collaborative foundations and to define creative and singular working axes for the next three years, thanks to everyone for your contribution.

Christian Lujan,  
 President of the Organizing  
 Committee of the 3<sup>rd</sup> Conference

<sup>1</sup> *Observatoire National du Suicide, Suicide, connaître pour prévenir: dimensions nationales, locales et associatives, 2<sup>ème</sup> rapport / Février 2016*

<sup>2</sup> *Sources : Eurostat et Insee.*

<sup>3</sup> *Intervention de Marisol Touraine, Ministre des Affaires sociales, de la Santé et des Droits des femmes, lors de la remise du 2<sup>e</sup> rapport annuel de l'Observatoire National du Suicide, mardi 2 février 2016.*

### Establishment of the Organising Committee

All the members of commissions or intergroups likely to be interested in our project was contacted to get their support and participation in our meetings.

Associations or Federations which have a European vocation are solicited to join our initiative.

National scope Associations representing countries of the European Union are being sought. If you used to work with partners that might be interested in this project, please relay this information.

Local actors or small associations or collectives are obviously also welcome.

À l'initiative des associations Recherche et Rencontres

## Les Assises de la FEALIPS

**Individu(s) en crise - société(s) en crise**

3<sup>e</sup> assises de la Fédération Européenne Luttant contre  
l'isolement et pour la Prévention du Suicide

**septembre 2017**



### **Extract from a questioning to UNPS (National Union for Suicide Prevention) regarding the exploitation of Associations by the public authorities**

"This is because they know transform individual wills in collective projects that Associations have a special responsibility in the European context, allowing a real plurality of actors and broader participation, efficiency pledge and even innovation [...]. We remain convinced that it is about building correlative logic rather than exclusive that recognize each other while taking account of their development on the field. It is about working from these references, designs and projects, to know and be able to refer. We reaffirm that our work is in the thought and action movements that are committed to human emancipation even at the cost of the inexorable ... And this is the meaning of every act done."

Philippe Carette,  
FEALIPS coordinator, PhD Psychology, Psychotherapist, Director of Centre Popincourt,  
Administrator UNPS France

If you like reading the full text, please send a mail to [federationfealips@gmail.com](mailto:federationfealips@gmail.com)



**3<sup>e</sup> Assises de la FEALIPS**

FEALIPS (European Federation of Associations Fighting against Isolation and for Suicide Prevention), created three years ago, has for vocation to group professional or volunteers associative actors at European level. The ambition is to bring together potentials and energies of actors coming from different horizons to reflect and provide new answers to problems of isolation and suicide prevention by apprehending and taking into account European context. FEALIPS is part of a multidisciplinary, multi-reference and global approach in closeness of his members.

Objectives are:

- put in perspective all the practices and mutually enrich each other.
- encourage mutualizations and cooperations regardind experiences, searches and innovative projects.
- get closer to different associations or regional groupings in Europe.
- follow the legislation by country or by region concerning suicide or euthanasia.
- facilitate development projects (financing, apprehension of European context, projects of national associations, etc.)

Worried of wo-building this project with you, we request your point of view. For our 3<sup>rd</sup> Conferences, **Individual(s) in crisis – Society(ies) in crisis**, your opinion interests us !

\* The theme of 3<sup>rd</sup> Conferences is the following one: **Individual(s) in crisis – Society(ies) in crisis?** :

- On this base, what themes would you like to discuss?

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- What contributions would you like to bring?

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\* What are your expectations for coming three years?

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\* What priorities of actions to develop at European level?

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\* What role could play European Union play to support associations in the fight against isolation and suicide prevention?

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\* Would you like to join the Organizing Committee of these 3rd Conferences?

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**Please return this questionnaire to: [federationfealips@gmail.com](mailto:federationfealips@gmail.com)**