

EDITO

Our third conference on September 7th, 2017 at the European Parliament is quickly approaching, and it is time for us to update the details of our progress so far.

On May 4th, 2017, we went to Brussels with Philippe Carette and Matthieu Lustman and had a meeting with our friends at the Center of Suicide Prevention: Renaud de Wouters, the director of the organization, and Cécile Palies, who is in charge of communication.

This non-profit organization focuses specifically on suicide prevention through the management of crises, the provision of support under difficulties, and other various types of trainings. Financial funding remains a huge problem for numerous organizations, including the Center of Suicide Prevention in Brussels. Therefore our discussion was mainly focused on two questions: first, how to maintain the well-being of people who seek help from us and avoid the stigma of seeing them as "being vulnerable psychologically"?

**Christian Lujan,
 President of the planning
 committee of the 3rd
 Conferences,
 Psychanalyst - consultant
 Professor of Paris VIII
 President of Entr'actes,
 psychotherapeutic center**



Second, what population should we prioritize? The first question raised the question on ethnic reasoning: what do we offer the people that seek help from us? What are the foundations of our actions? What kind of common platform of support can we propose to strengthen the coherence and awareness of our participants?

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EDITO

By Christian Lujan
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Regarding the second question, the “communication” and “awareness” have been for sure the common problems discussed among a lot of us, and without doubt the third conference will be an opportunity for us to find the answers to these questions and to enrich our knowledge through the establishment of collective and mutual actions.

This is the second time that Madam Benedicte Van den Berg, chief of the office of Louis Michel and Jonathan Requin kindly offers us the opportunity to hold the conference at the European Parliament. Our third conference will be sponsored by Louis Michel, minister of the state of Belgium and member of the European Parliament. We had the chance to visit the conference room where the meeting will be held. You will receive the detailed information of arriving at the conference and following security rules, etc. We hope that we will be able to invite some other members of the European Parliament to join us on the debate at this large venue. Among numerous commissions that serve as chambers of reflection to implement the prospects for action, it is a great privilege for us to propose shared questions among us and stand out. If we consider the problem of suicide to be a subject of a social analysis, the point of view of the European deputies to be present at our conference will be really useful for us to start our reflection-action. We encourage you to think about questions to be addressed in this context.

We have several visual conferences coming up that will serve as the platforms to follow the process of preparation. We thank you again for your participation and engagement and we look forward to seeing all of you again at our next meeting on July 30th, 2017. To end, we have revised our argument for the conference on September 7th, 2017, and we would like to hear from you for any comments/suggestions. See you all at the visual conferences, and of course, in Brussels!

Christian Lujan
President of the
planning committee
of the 3rd Conferences

28.05.2017

CALL FOR COMMUNICATION

To open the debate, to question our situations, our practices and their complexities, during the conference, we will reserve a time for each of our associations or structures to discuss its expectations and priorities.

There will be five minutes of speaking for each organization to present three or four concerns and proposals (actions to be taken and reflections to be shared in an inter-associative, inter-regional and cross-border way). Please send us the summary of your contributions for us to organize exchanges of ideas and debates.

Please to send us our communications at

federationfealips@gmail.com



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& CRES



www.cresuicidologie.fr

THE CHANGES IN...

- New office :

FEALIPS

Matthieu LUSTMAN (president)
 Christian LUJAN (vice president)
 Xavier TARNEAUD (secretary and treasurer)
 Philippe CARETTE (outreach coordinator)

- New administrators :

FEALIPS

Mme OLIVAUX (President of Recherche & Rencontres Nantes)
 Mme SPITZ (President Recherche & Rencontres Grenoble)
 M. CARETTE (President of ASIA and director of CPS Paris)
 M. LUJAN (President of ENTR'ACTES)
 M. VILLAMAUX (President of Recherche & Rencontres Paris)

- New name :

CENTRE POPINCOURT is now CPS Paris
 (Centre de Prévention du Suicide de Paris)
 Adresse : 3 rue Jean-Baptiste Dumay 75020 Paris
 Mail : cpsparis@cpsparis.fr
 Site : www.cpsparis.fr
 Tél : 01 42 78 19 87

- New supporters :

Un pass dans l'impasse (Namur, Belgium)

CRPCS Rhône-Alpes (Lyon, Paris)

FEALIPS 3rd EUROPEAN CONFERENCES

ARGUMENT

Where do we stand regarding the practices of prevention of isolation and suicide at the European level? What kinds of issues exist? What kind of reflections do we have? What kind of experiences? What are the successes and difficulties? What are our expectations and perspectives? These are the practical considerations and basics that FEALIPS were founded upon three years ago, and they represent the purposes of FEALIPS in gathering all of those who are taking on preventative and clinical approaches for isolation and suicide. What causes an individual to question their own identity, fail to adapt to the environment while facing growing social complexity, withdraw from his peers, and finally commit suicide?

This is why FEALIPS organized its third conference on September 7th, 2017 at the European Parliament at Bruxelles with the theme Individual in Crisis – Society in Crisis.

In order to open a trans-disciplinary debate, the conference aims to put into perspective the states of practices, the uniqueness, the concerns, the work, and the expectations for the entirety of our supporters. These points will be discussed in the form of exchanges between us on defining the perspectives to be worked on for the future. To this date, we have not obtained sufficient and reliable figures regarding the scale of isolation and the mortality rate from suicide in Europe. Therefore, we need to enrich our knowledge on these phenomena on multiple levels (psychologically, socially, economically, existentially, politically, etc.) For the whole 28 member countries of European Union, the standardized mortality rate from suicide raised to 11.7 per 100,000 people in 2012. The data for each country comes as follow: 11.1/100,000 in Switzerland, 9.7/100,000 in Luxembourg, 18.76/100,000 in Belgium, 14.7/100,000 in France, etc. In France, each year 10,000 people commit suicide and approximately 200,000 people are hospitalized after a suicide attempt. These incidents have caused lives to fall apart, families to mourn for their losses, and professionals to be disturbed by the unfortunate reality. As a society, we are also questioning the responsibility of society as a whole.

When or how the suicide prevention makes some of the contributors feel frustrated or burned out and those who are involved get lost? Similarly who doesn't know the tiring process to research on the funding for the prevention of suicide and isolation? It is true that the subject is hardly receiving attention from many of our political and institutional representatives. Associations are going out of their way with enthusiasm and wisdom to try to do more with limited resources. One wonders if the price of this investment is not to the accounts of losses and profits of charitable works, considering that the commitment of volunteers and professionals would be sufficient to keep afloat and seal up the desperate people and the social world their life recovers. Today we have switched to an organization style that is both managerial and normative which only takes into account situational uniqueness, and which imposes on us its financial measures without considering the qualitative content of the actions within its historicity. How much extra effort should we spend to effectively advocate for primary, secondary and tertiary preventions at the European level, to consider this as a health and social issue existed in our society, and to no longer consider the problem of isolation as a collateral damage and the issue of suicide as a fatality?

The network of associations that we represent must come together and put forward our opinions at this social debate within the civil society to "impact" institutional choices, to coordinate reflexive and operational dynamics and to act in concrete terms for the better well-being of all people. This third meeting of FEALIPS should be an opportunity to consolidate our collaborative foundations and to define the topics of creative and unique lines of work for the next three years. Thank you all for your contributions.

Christian Lujan,

President of the planning committee of the 3rd Conferences

FEALIPS 3rd EUROPEAN CONFERENCES

LE COMITE D'ORGANISATION

Important dates

Meetings of the planning committee (visual-conferences) :

June 30th: 9:30am-11:00am

June 30th: 4:00pm-5:30pm

September 1st: 4:00pm-5:30pm

September 5th: 09:00am-10:30am

The 3rd Conference of FEALIPS

September 7th, 2017

European Parliament, Brussels, Belgium

IMPORTANT INFORMATIONS

To register for videoconferencing :

federationfealips@gmail.com

To join FEALIPS download

[Membership form](#)

Organization of the 3rd conferences of FEALIPS

Since the beginning of the organization of its conferences, FEALIPS has been devoted to build this project with you, partners from all over Europe.

We formed a planning committee, which meets once per month via visual conference in two different time slots to make sure that more people can participate.

If you would like to join the planning committee, simply contact us at the following email address:

federationfealips@gmail.com,

we will then send you the information regarding the plan of the day and the method of connection.

The conference will be held the afternoon of September 7th, 2017, at the European Parliament in Brussels, as part of the manifestations of the world day for Suicide Prevention, with the sponsorship of Louis Michel, Minister of State of Belgium, member of the European Parliament and co-president of the ACP - EU Joint Parliamentary Assembly.

À l'initiative des associations Recherche et Rencontres

Les Assises de la
FEALIPS

Individu(s) en crise - société(s) en crise

3^e assises de la Fédération Européenne Luttant contre l'isolement et pour la Prévention du Suicide

septembre 2017



FEALIPS 3rd CONFERENCES

PRE-PROGRAM

Consciously united !

| | |
|-----------------|--|
| 10:00am | Visit to Parliament possible |
| 12:30-1:00pm | Pre-reception (check-in, mandatory meeting of participants, visit to the conference room accompanied by security staff, regroupement) |
| 2:00pm – 2:30pm | <p>Welcome speech</p> <ul style="list-style-type: none"> * Speech by Louis Michel, Minister of State of Belgium, Member of European Parliament, co-chair of the ACP – EU Joint Parliamentary Assembly * Speech by Matthieu Lustman, president of FEALIPS * Speech by Christian Lujan, president of the planning committee * Speech by Maurizio Pompili, vice president of IASP |
| 2:30pm – 3:15pm | Introduction of financing of European projects on suicide prevention – presented by Mireille Van der Graaf (sociologist and educator at the DESU management and engineer of European Project at University of Paris 8 Gestion et Ingénieure de Projet Européen, Université Paris 8), Welcomeurope Discuss session afterwards |
| 3:15pm – 3:45pm | Overview of analysis of the questionnaires: preoccupations of partners – presented by Fiona Saigre (in charge of operation of FEALIPS) |
| 3:45pm – 6:00pm | Preoccupations and perspectives: presentation of interventional strategies of different member organizations and supporters Discuss session afterwards |
| 6:00pm – 6:30pm | Developing a work agenda |
| 7:00pm – 8:00pm | Meeting with the Center of Suicide Prevention of Brussels (to be confirmed)) |



Sign up for the 3rd
Conferences of FEALIPS :

[Sign up form](#)

SOME OF OUR PARTNER ORGANIZATIONS...

CPS BRUSSELS



For more than 45 years, the center of suicide prevention has been working on providing help for all people who have experienced the problem of suicide, either in their personal lives or professional lives.

We offer specific and complementary services such as:

- A telephone hotline operated 24/7 by volunteers to offer help anonymously

Number: 0800 32 123

- Training for professionals on awareness

- Information-based intervention and postvention at the institutions after a suicide attempt

- Psychological aide for crises concerning suicidal individuals and their close families

- Support for people who have lost closed ones due to a suicide, available for both adults and adolescents and in both individual and group format

- A documentation center specialized on information related to suicide

- A website with forum: www.preventionsuicide.be

- Specific days planned for learning and public meetings

- Educational programs targeting primary neighborhoods

SAFED has 70 welcoming employees and provides assistance to more than 1250 people per year, receiving more than 6500 calls on 115 and trains more than 460 people a year.

Regional and partnership-based progressive suicide prevention programs.

The program begins in Dordogne in 2012 with a conference on awareness, followed by a series of informative, small-scale conferences. These conferences are organized to change people's previous perception of suicide and identify professionals with necessary skills to become "trainers for suicide prevention". At Dordogne and Lot-et-Garonne, 35 professionals receive the training to become trainers. Approaches are taken to adjust these professionals' working hours for them to complete the training and to host a national training "Coping with the crisis of suicide" that benefits the organizations and fellow employees, as indicated by the agreement with SAFED. The national training determines the conditions of partnerships and

SAFED



SAFED is a non-profit organization categorized within the field of medico-social actions. It includes several areas of expertise:

- A center of accommodation: including a transition house, a CHRS and staff listening to line 115 80% of the time; the center is part of the regional SIAO

- A center of MJPM (Legal mandate of protection of adults)

- Reception and orientation for women who are victims of violence

- Regional programs for suicide prevention

-

their reciprocal engagement. The 35 trainers meet once per 3 months to provide updates on their skills, develop reliable regional network and propose measures that improve the solutions. They have therefore proposed adaptations and improvements of the training as well as worked on local services. As a result, more than 460 professionals of two regions were able to benefit from this training "Coping with the crisis of suicide" since the year of 2014. The region of Landes has initiated some preparatory work: the first Steering Committee determined the plan of development of the program on their territory. 120 people have already attended conferences in this region and are waiting to be trained.

Associated Organizations:

Conseils Départementaux, Education Nationale, MSA, CARSAT, Centres Hospitaliers, Centres Infos Jeunesse, Associations Lycée agricole, Missions Locales, Planning familial, CLIC, Chambre d'Agriculture

The first evaluation of regional programs was carried out in 2016 (Region 24 and 47). The evaluation includes: the work of the trained professionals: 11 people in suicidal crisis are seen each year; the characteristics of people in suicidal crisis (protective factors and risk factors); the responses made to people in

suicidal crisis: proposed guidance and difficulties of implementation; the level of skills acquired in training.

CENTRE ATIS

5 rue Pizay - 69001 Lyon
04 78 28 77 93
www.centreatis.org

The Center ATIS, previously known as the center of Research and Meeting, is an ambulatory organization that provides psychotherapeutic care for individuals and groups. It works actively in the field of prevention of isolation and suicide. It serves as an environment that accepts and addresses cases of psychosocial crises. The prevention of suicide is closely related with the effort made to fight against isolation. In this way we connect the trajectories of the issue of isolation and understand it better in the context of suicide process by establishing links with therapeutic approaches.

The support offered by the center outside the psychiatric field allows us to conduct interviews with everyone (regardless of his origin) who is at least 16 years of age and is willing to accept a psychotherapeutic care which focuses on addressing one or multiple risk factor(s): psychological suffering, anxiety, depression, psycho-

somatic symptoms, separation, brief, professional difficulties, isolation, suicidal thoughts, and a personal or family history of suicide.

Based on the initiatives of the caregivers at the center, our system is has a psychological foundation that covers both individual and group levels and refers to psychodynamic principles.

