

EDITO

I was contacted during the summer 2017 by the FEALIPS in order to intervene at their 3rd Conference in Brussels on 7 September. Our European living mourning Federation found very interesting the idea to respond positively to this request. I September 7, proposed surgery centree on observations, cons-States, concerns of the different pension associations of our federation in accompanies it - lies of bereaved people especially after the suicide of a loved one.

The Federation European live his mourning (FEVSD) was created in June 2001 by Michel HANUS in order to coordinate the activities of the associations "Vivre son Deuil" current also in Belgium, France and Switzerland. These associations all have a same spirit and common values in the Charter. The three basic principles of the FEVSD are volunteering in the accom-and-support work in team and contributed network.

Catherine Pernet,
General Secretary of the
European Federation
"Vivre son Deuil"



Main goals of the Federation

- * Support the activities of the different associations in favo-Moting the exchange of the information,
- * Coordinate support and assistance to those who are grieving,
- * Provide training inno-bragging,.
- * Organize meetings: Federal days, symposia, seminars, Congress,.
- * Stimulate her right there in the field of bereavement,

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- * Ensure contact with the sponsors that can help all the associations,

- * To represent with the different organized - my public and private associations.

The living mourn European Federation is complementary to the FEALIPS. In fact, we act as part of the suicide postvention. We accompany bereaved people a few circumstances of death and frequently in this very special case that is suicide. The bereaved are seeking support such as that proposed by the associations of support. The meetings with the bereaved we pay special attention to the infectiousness of suicide among them and thereby also participate in prevention.

We wanted our Federations to be mutually adherent to be stronger together, to have a representative- more representativeness important, to be better identified with authorities as the bereaved.

The Charter of "Vivre son Deuil":

- * Develop information on death and grieving at the level of the general public and stakeholders (professionals and volunteers) in contact with the people in mourning in order to help change attitudes in the face of suffering, death and mourning;

- * Implement the support activities for grieving people in need especially the children by telephone, court-February, individual interviews, grou-pes of mutual aid and support.

- * Carry out training for professionals and volunteers involved, in different sites of the social field, with mourners, in particular all caregivers, teachers, company workers - to, professionals of justice and of the funeral;

- * Publish for dissemination of the theoretical information, prati-questions and techniques on grief and grieving them through letters, newsletters, leaflets, booklets, liv-res, cassettes, video, etc.

- * Support the development of research on the theme of mourning and grieving them whose children

- * Assist in the creation and support of all associative inter group working for the same goals in the same spirit and adhering to this policy.

The principles of "Vivre son Deuil" :

- * the quality:

- For all stakeholders, selection, initial and ongoing training, supervision.

- For educators, the college choice of personalities recognized for their qualities.

- * the networking, continuous inter-associative work:

- The Board of Directors is very largely contributed.

- The activities and training also.

- * the joint work of professionals (some volunteering) and volunteers.

- * confidentiality: members of the association and the people participating in the groups commit to not talk outside of what they have heard in associative activities.

- * the assessment continues activities from the holding of working documents and regular meetings of supervision and operation.





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CHANGES IN MEMBERSHIP

- New Members

Fédération Européenne Vivre son deuil
Association France Prévention
Association Hospitalière de Bretagne
Mental Health Europe

COMMUNICATIONS AROUND AND ABOUT FEALIPS

- Radio Program « Priorité Santé », RFI, 08/09/2017 
Intervention of Matthieu Lustman, President of FEALIPS

Matthieu Lustman, in this program, evoked the 3rd Assizes, which were, according to him, a « beginning »

He presented these assizes as a time to think about the place of suicide prevention in the European priorities. He recalled that the aim of FEALIPS is to unite several European countries, in order to enforce suicide prevention, by « looking at what is made abroad » and by creating a synergetic movement, in order to fight more efficiently against isolation and risky behaviours.

Furthermore, he recalled that isolation is at stake, not only the one of patients, but also of caregivers themselves, who are struggling with demands and difficulties. He although presented these 3rd assizes as a time for care providers to « think about what we have no time to otherwise » and to expose their griefs.

At last, insisting on the fact that this meeting has to be followed with facts, he evoked an european project of collection of « good » practices in suicide prevention.

Link to the Podcast of the Program :

<http://www.rfi.fr/emission/20170908-le-suicide-frank-bellivier-mathieu-lustman>

COMMUNICATIONS AUTOUR DE LA FEALIPS



- Website of the Association France Prévention

Article by Sylvie Brière, Founder and President of the Association France Prévention, on the 3rd Conferences of FEALIPS

<https://www.associationfranceprevention.org/Assises-prevention-suicide.html>

- IASP : Newsletter november 2017

WSPD 2017 ITALY

Reflecting previous years WSPD was marked in Italy through various activities and events. On September 7th Prof Maurizio Pompili took part in a conference promoted by FEALIPS (European Federation of Associations Fighting against Isolation and for Suicide Prevention) under the patronage of LOUIS MICHEL Ministre d'Etat, Député Européen Co-président de l'Assemblée Parlementaire Paritaire APP ACP-UE (Afrique Caraïbes Pacifique - Union Européenne). At the European Parliament in Brussels Prof Pompili launched WSPD with a speech, covering the theme of WSPD 2017.

On September 14th and 15th the *International Suicide and Public Health Conference - World Suicide Prevention Day 2017* was held at the University of Rome La Sapienza. This two-day conference included more than 40 speakers and chairmen and was attended by over 1,300 delegates including doctors, psychologists, sociologists, social workers, nurses, organisations, and students and the general public. The conference included an impressive array of speakers, with a focus on cyber-bullying. Innovatively this event included a dedicated session with foreign speakers, which was new for this congressional event. Additionally, Prof Pompili took part in the Italian morning show-UNO Mattina and also have interviews to the main Italian press agency-ANSA, with a lot of other media attention also achieved. IASP would like to thank Prof Maurizio Pompili for his very dedicated and committed work in facilitating and leading many of these very successful and well attended events this and every year.

3rd CONFERENCES OF FEALIPS PROCEEDINGS

Consciously United !

The FEALIPS' 3rd Assizes Acts will soon be accessible on FEALIPS' website as on CPS PARIS' blog.

A Working Group, composed with Matthieu LUSTMAN, Fiona SAIGRE and Thibault TISON, has been created, and meets regularly, in order to work on an analysis of these acts.



3rd CONFERENCES OF FEALIPS

WORKING GROUPS AND CALENDAR

WORKING CALENDAR

Meeting dates to be fixed

2018: Launching of working groups

2019: Seminar

IMPORTANT INFORMATIONS

Subscribe to the future meetings by email:

federationfealips@gmail.com

Accession in FEALIPS by downloading the accession file

[Accession file](#)

WORKING GROUPS

Documental and comparative approach

Following of the European Fundraisings

Formation

Community Practices

Radical thoughts and Suicide

Suicide and Social Transformation

If you wish to join a working group, please send an email to federationfealips@gmail.com so as we could link you to the groups referents

MEETINGS

In November 2017, accompanied by WELCOM'EUROPE, FEALIPS met Mrs Adam, deputy chief of the C1 Unity : Health Program and chronic diseases.

Mireille Van Der Graaf (Welcom'Europe), Matthieu Lustman (President FEALIPS), Christian Lujan (Vice-President FEALIPS) and Philippe Carrette (Coordinator FEALIPS) have taken part in a meeting of European Bureau for Health and Food Security Direction.

Here are some extracts of the report made by Mireille Van der Graaf.

FEALIPS presented its project of developing an European link of advocacy for taking into account of ill-being, isolation and suicide prevention. The federation wishes to rely on national association's, ONG's or community organisation's work and experience in order to propose to take health into account. FEALIPS, indeed, made the statement that, whereas it exists an international (IASP) and national dimension, the European one is missing.

During this meeting, Mrs. Adam reported on the actual European Health policy, who subsidizes some prevention actions on several themes, including mental health. However, Mrs. Adam underlined the fact that this unit has limited funds for mental health and that others funding organizations should be investigated. Her work is limited to the organization of meetings between experts.

Currently, the EU Compass action is engaged: this project, under contract with Health General Direction, publishes several guides and activity reports concerning "good practices" in suicide prevention, as well as community services in several countries. EU Compass is a tool made by Trimbos Institute, for collecting, analyzing and communicating, by conferences and investigations upon 5 mental health themes. 2 prior themes for 2018: "Providing community-based mental health services" and "developing integrates governance approaches". The guide of good practices EU Compass is the result of investigations driven in 2016-2017. In 2018, FEALIPS contributed to this investigation on the first theme, "Providing community-based mental health services", which will be published next year.

Suggestions made by Mrs Adam:

To inform oneself:

EU Health platform (IT tool) : <https://webgate.ec.europa.eu/hpf/page/show/505>

Online expert's discussion platform

OMC studies, which supported tools of prevention of isolation of elderly :

http://www.who.int/mental_health/en/

OCDE studies : <http://oecd.org/fr/sante/sante-mentale-et-emploi.htm>

To meet partners and stay informed:

GAMIAN (Global Alliance of Mental Illness Advocacy Networks-Europe), who organizes working groups at European Parliament.

EU COMPASS Forum (Février 2018)

https://ec.europa.eu/health/mental_health/events/ev_20180208_en

To raise funds:

European Base of social rights (since September 2017): a political incitation to define a shared base of social rights.

Research Program Horizon 2020: FEALIPS works with WelcomEurope, which is in charge of organizing a partnership.

TRIBUTES

Mrs Jaboulay

"I don't take part in the seraglio of social workers, nor curers in general, I'm a pure official, I made all my career in Lyon. [...] I address this National Union of Centres with candid eyes. Creating the first "Recherche & Rencontres" Centers, the founders showed their innovative sight, having perceived before others the consequences, sometimes dramatic, of isolation. They proposed new ways to struggle against it; 50 years ago.

Since, society has evolved. Social environment, morals, ways of communication, economical context have changed. But ill-being, isolation, difficulties of identification, desocialization or suffers they carry, not only stay, but progress, or at least seem to be better known or recognized.

The evolution of center's receptions, our guardianship services and our funders, whom are, whether we want it or not, necessary to our survival, may lead us to put one aspect or the other (social, medico-social or sanitary) on a pedestal. Does one necessarily denies its origins to acquire its personality? We don't live in and for the past, but with the past toward the future.

If our founders did not dare to create, The National Union of "Recherche et Rencontres" centers would not be. So, it is natural for us to follow their path. That's why the overcautiousness which I sometimes feel when changing a text, as if the words had the same meaning in 2000 than 50 years ago, as well as the difficulty to accept a new experience, makes me puzzled. I may even go further: This fear of deviance rings to me the bell of fundamentalism, with its actual connotation of refusal of evolution. We cannot accept such behavior, because it would let assume that we fear to lose our soul because of a lack of marks, of bearing points. It is certainly allways necessary to precise it, to question it, in order to evolve.

I use more often "Us" than "You", because I think we're all part of the Union's project, administrators and professionals, but each with his personal role. Indeed, there can't be a reliable project, without the will of administration bureau, which provides you the means to make it, so as his trust as for the decisions to take, in order to make it. Because, it's finally your skills and the unity of your teams which give birth to your efficiency. I vow that in this National Union, as in the centers, it will allways continue [...]

If I much insisted on the need of this evolution, it is because it is to me, a fear and a certainty. If we don't go forth, then we go back and so we risk to disappear. The lack of people working on these themes of isolation and suicide is so rude that it cannot be so".

Andrée JABOULAY, vice-president of Lyon's "Recherche et Rencontre" Center, vice-president of Union of "Recherche et Rencontres" Centers, part of an intervention at the UNCRR seminar "Souffrance et Conduite suicidaire, quelle prévention? », Grenoble, 1999. She strongly contributed to the redefinition of UNCRR orientations, Union which will, several years later and under the impulse of Xavier Tarneaud, become the FEALIPS (Fédération Européenne des Associations Luttant contre l'Isolément et pour la Prévention du Suicide).

Pr Guyotat

The emotion is strong for the entire profession and for those who have worked with Pr. Jean GUYOTAT. The news of his death, final trimester 2017 has profoundly saddened us and we had to give him a tribute. He's been president of "Recherche & Rencontres"'s association in Lyon during many years, his involvement in the constitution of UNCR, of which he will be vice-president, the support he gave to the evolution of this National Union into a European Federation (FEALIPS) are evidences of his activism, his vigilance and his commitment for such causes. We had to give a tribute to a man, a professional, a teacher who constantly put into question his thoughts. He never stopped to evolve, putting in our hands many working tracks, books or materials with the will of always being available, to understand and share the results of his researches. Allow us to have on thought to anyone who shared his reflexions and experience.

Jean Guyotat was born on December, 16th, 1920. Neuropsychiatrist and French psychanalyst, teacher in psychiatry, he developed the Academic psychiatry's school of Lyon. Aggregated in neuropsychiatry in 1958, he particularly worked on parentage and wrote, since 1956, with Jean Courjon, the first definition of amnesiac ictus. Working with patients who suffered from chronic low back pain, he also developed the notion of "chrone", as parentage's breaking phenomenon. He was the founder of the Psychanalysis group of Lyon, but also honor member of French CBT Association. Alain Ehrenbergt said that he was "one of the rare French whom has, in 1960's, a international reputation, outside Saint Anne's Headchiefs" (In La fatigue d'être soi, Paris, Odile

ASSOCIATION ENTR'ACTES



The unit of psychotherapy is a grouping of psychologists, psychotherapists, and expensive-researchers who formed themselves into association, 20 years ago this year. Its purpose is to develop psychotherapeutic practices and interventions tailored to the context and the challenges of our time. It is also the concern of register a therapeutic work in a comprehensive approach and collaborative care and prevention.

The unit works in cooperation with networks of actors: administrator of the FEALIPS, Union National Suicide Prevention, the Suicide Prevention Center Paris and care network city hospital 92 North, Member of the House of Adolescents 92 and Department of Education Committee at health 95, Member of several local working groups (workshop health city, Local health contract, Local Crime Prevention, Committee of Education to health security and) citizenship), regional (prevention Adolescents 92 House) or

regional (Ile de France Suicide Prevention Coordination).

Entr'actes each year conducts approximately:

- 3000 consultations
- 600 situations (queue active)
- 2,200 hours training interventions
- 3 000 phone calls
- 30 collective actions
- 8 public events

In individual, couple or family interviews, we help manage the problems which generate suffering in the family, at school, in the workplace and which raise concern in the entourage.

Interventions addressing every person - child, adolescent, adult relative, professional colleagues - regardless of his place of residence.

Our projects aim to oppose or to replace psychiatry or to any structure of hospitalization when necessary. We simply want to place us ahead of them. Our goal is to avoid the exclusion of the difficulties, particularly by a person

mobilization of resources of the environment, keeping our specificity of psychosocial consultation.

Practically, based on the analysis of the situation and of the request, diverse interventions may be proposed:

- Interviews individual, family, couple to target therapeutic and focused on solving problems concrete in the present; experienced
- Support and therapeutic support in the direction of specific audiences (suicidal person, disabled, dependent

person or at-long illness tinge, post-traumatic situation) and the entourage.

-Times of sociality that allow participants to find self-esteem and self-confidence, to broaden their perception of the problems and opportunities to solve from their own skills and local resources (groups of) thematic work of professionals, groups of parents, groups of expression...);

-Psychosocial interventions: training activities (including on suicide and its prevention), supervision and practice support from professionals, as well as crisis interventions and community-based interventions in prevention suicide;

-A collaboration and coordination-nation possible with other services or medico-psycho-socio-educational institutions;

-Demonstrations - events public, of types film-debate, conference, restitution of work... on questions related to the mental san - WA, to suicide and its prevention, citizenship and social ties;

-The development of prevention tools as the public expo-provisions, to the attention of professional guides or protocols for the use of per - sons sensitized, referring or Sentinel.

In addition, psycho-therapy unit could mobilize on research using the method of psychological autopsies with the INSERM in Bordeaux. Today, the action-research focuses on modeling of community interventions in suicide prevention, on the development of local and

regional networks in suicide prevention, and the phenomena of tilt-only to the violent extremism against others and oneself.

What are these levels of additional intervention that situations and applications call us, pleading for a prevention active, plural, which is recognized as relevant by: the Economic Social and environmental, watched - National history of Suicide, networking, collectives, associations and members of civil society, professionals medical, company - to the or educational, services, families,... At our level, we get involved to: a mobili-greater use of actors and all on the question of suicide; means commensurate with the needs. relays more or better identified; positions of society and Governments more active and caring; confidence and self-esteem in our abilities to be resource or expert more asserted. Because stocks are often private, me-developed small-scale initiatives, with the good will of some and others, and the geographical coverage is uneven.

And, we are also keen to share our experience and to learn about what others, in France and Europe, develop on this issue.

It's a difficult subject, there is still a lot of taboos, a lot of preconceived ideas.

It is difficult to talk about... painful to shut up.

<http://Association-entractes.blogspot.fr/>

<http://association-entractes.blogspot.fr/>

UN PASS DANS L'IMPASSE



VZW 'a pass deadlocked - prevention of suicide and assistance Centre - network Solidaris '. Our service has been working for more than nine years to develop specific prevention and service support of the problem of suicide in Wallonia. Since the inauguration in January 2008 of the first consultation site located in Namur, the Center has spread across the Walloon territory. It relies today on seven additional consultation sites located in Charleroi, La Louvière, Liège, Famenne, Mons and Tournai, Wavre.

On the one hand, this structural device meets the concern to register the Center in a process of proximity to the users and to improve access to services. On the other hand, it ensures an efficient outpatient support for suicidal people and support of their entourage.

The Center "Un pass dans l'impasse" is given for main missions: to ensure quick support of the problem of suicide (all ages); to offer psychological support to relatives, there including the accompaniment of grief after suicide. to position itself as a specialized relay and support to stakeholders in the mental health care sector; to provide training and a sensibilization of first-line players.

To contact us, a single phone number - 081/777.150 - or email - Info@lesuicide.be . More information is also available on our website - www.lesuicide.be .

CRPCS Rhône-Alpes



The CRPCS (Prevention of suicidal Resource Center) is attached to the Institute Regional Jean Bergeret of the Foundation ARHM recognized of public utility.

Intended for the volunteer, professional and institutional actors wishing to prevent suicidal lines and suicide, all populations combined, on the territory of the former region Rhône-Alpes. Its missions are defined around 3 axes:

- Networking of stakeholders
- Support and the provision of resources: Organization of training (to detect suicidal crisis, Education trainers
- (national), documentation, information relay, project management and production tools

-Awareness and advocacy around the prevention of suicide Resource structure and non-operational, the CRPCS consists of a team of 6 people and regularly hosts interns.

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